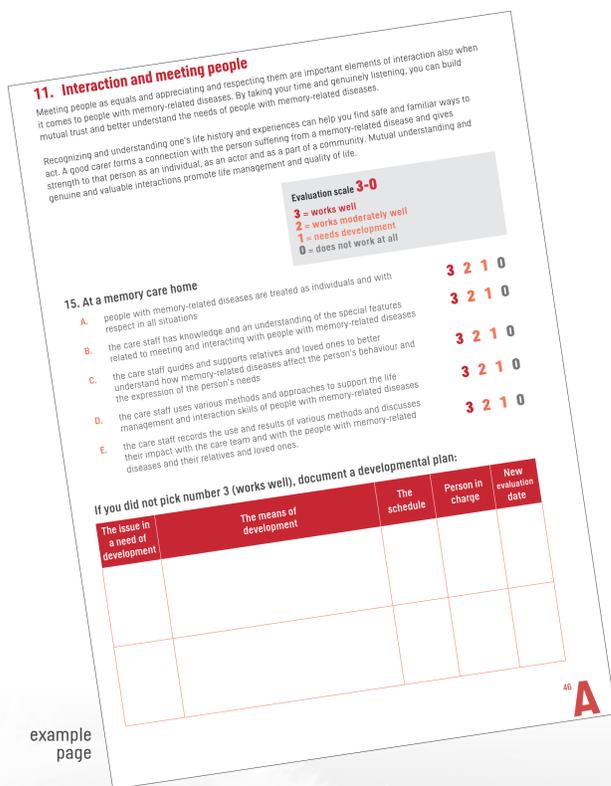


# New care guidelines for home care services and nursing homes

Main focus on the good care and the quality of life of the people with memory related diseases

The Alzheimer Society of Finland has published **Quality of Life and Care Guidelines of people with memory-related diseases**, a criteria and guidebook for professionals working with people with memory related diseases and their caregivers to help them strengthen their work.

The publication provides an overview of various aspects of good care and the quality of life and an explicit criteria to evaluate and develop memory work from those perspectives.



## USAGE

- Works in any living environment (i.e. home care, residential care, rehabilitation).
- A tool for the development, implementation, monitoring, and evaluation of memory work.
- Provides an opportunity for people with memory related diseases and their carers to evaluate and choose the care, services and support they receive.
- Guides decision-makers, managers, and workers in the review, design and development of the quality of services.
- Guides medical students' and nurses' training to understand the needs and care of people with memory related diseases.
- Helps to guide the discussion about individual needs and wishes with people when diagnosed.
- A tool for volunteer training.

## BACKGROUND INFORMATION

The guidebook is based on:

- Finnish **laws, regulations and recommendations** concerning the care of people with memory diseases
- the coordinating and implementing of the **National Memory program** (2012-2020) and the related developmental work that The Alzheimer Society of Finland has been doing in the NGO sector in Finland since 2013
- cooperation with the Society's **working group of people with memory diseases** and care partners
- a **review** of the Finnish and international studies associated with the quality of life (QoL) of people with memory diseases made by the Nursing Research Foundation's (NRF) **Hotus**

Six units of memory care piloted the guidebook and tested its practical functioning.

## AVAILABILITY

For the time being only in Finnish – online and in print

Later also in Swedish and English